



## What Parents and Players Need to Know

### Contact Info:

Coch Maysonet can be reached at by text/phone @ (305) 606-8673 or by e-mail @ [gmmetals@bellsouth.net](mailto:gmmetals@bellsouth.net). Coach Rollo can be reached by text/phone @ (786) 554-9208 or by email @ [racasiple@aol.com](mailto:racasiple@aol.com).

You can view more information about the soccer program at our web site: [www.lavinacc.com/cudasgirlssoccer](http://www.lavinacc.com/cudasgirlssoccer)

### \$55.00 Player Fee

Currently, there is no money budgeted for the girls soccer program. As a result, it is necessary for us to collect an initial fee of \$55.00 before the start of the regular season to cover the cost of the initial costs to allow the girls to play. These costs include:

Description	Budgeted	Cost per player (20 players)
Game Socks	n/a	\$13.00
Practice Shirts	n/a	\$20.00
4 new game balls (\$30/ball)	\$120.00	\$6.00
5 new practice balls (\$25/ball)	\$125.00	\$6.25
Pre-season tournament fees	\$200.00	\$10.00
<b>Total</b>		<b>\$55.25</b>

### Fund Raising

We need to do fund raising for the following items listed in the order of priority:

Description	Budgeted
2 Tournaments (fees and travel)	\$2,000.00
Alumni Game	\$450.00
Team Warm Up Jackets and Pants	\$1,200.00
<b>Total</b>	
	<b>\$3,650.00</b>

The tournaments are not confirmed as of this writing but you will be notified of the dates and times as soon as they are. The alumni game will be held on Saturday, January 2, 2010.

We are currently participating in selling coupon books. We also hope to participate in the Barracuda Bazaar in November. We may do one more fund raiser before the end of the season if necessary. Honestly, we all don't look forward to fund raising but the money is necessary to provide the players the best experience and opportunity for growth through our soccer program. As a result, **WE NEED ALL PARENTS AND PLAYERS TO PLAY A PART IN MAKING OUR FUND RAISING EFFORTS A SUCCESS!** We will inform you with opportunities to help as soon as they are available.



### Transportation

All but 2 games will be played at locations away from Coral Reef High School. We have 3 away games that the school is providing bus transportation. All transportation to other games must be provided by parents and coaches. **WE WOULD LIKE AS MANY PARENTS POSSIBLE TO BECOME ELIGIBLE TO DRIVE TO GAMES.** Here is a summary of the guidelines:

- Students who drive can drive themselves to the games but **CANNOT** take **ANY** students with them.
- For games that start at times that allow the team to leave after the students are released from school, there is some flexibility to the guidelines. Please talk with one of the coaches to discuss whether or not it is appropriate for you to drive any students other than your own to any away games that allow the team to leave after the students are released from school. Otherwise...
- For games that require early release from school, drivers must be an approved **LEVEL 2 (fingerprinted) VOLUNTEER**. To be a volunteer you must go online and log onto **PARENT PORTAL** and follow the instructions to be a volunteer. If you did this last year, your fingerprints are valid for 5 years so all you need to do is go online and fill out the form and then go to the school to confirm your status.
- You must fill out a school vehicle form. You will need a copy of your driver's license and your car registration in addition to the form when you turn it in.
- Parents who are not approved drivers can drive they own child to games but **CANNOT** take **ANY OTHER** students with them.



## Player Expectations

1. The girls are required to run 2 miles in 15:40 to make the VARSITY Roster. They will have numerous opportunities, and will continuously be given more opportunities until we reach a VARSITY team of 22. But no one will participate in a varsity game unless they have made the run in the allotted time.
2. Players on the roster are expected to be at every game. This includes injured players unless excused by the coach. Certain Varsity tournaments maybe during holiday weekends. Please be aware of this and plan accordingly.
3. Players are expected to treat each other with respect at all times. Players will help and assist each other regardless of what team they play with.
4. You are expected to be dedicated to this team. It is imperative that you are at every practice on time and that you stay until practice is finished. ALL vacations, medical check ups (exceptions – illness &/or injuries), personal, drivers licenses, birthdays, etc... must not conflict with practices or games.
5. Practices will be held Monday through Friday after school, unless we have a game, and occasionally on Saturdays. Practices may also be scheduled for weekdays when there is no school due to teacher planning days or holidays. Please plan accordingly.
6. Soccer Clubs are NOT affiliated with Coral Reef Girl's Soccer and will be off-limits to ALL players during the season. This also means NO practice! We will though support players that wish to play in 1 Tournament over the XMAS Holidays. Each player must turn in a schedule showing the team, tournament, & dates of the tournament. Players attempting to do both will be excluded from the team immediately! NO Exceptions!
7. If you know ahead of time that you will be missing a practice, you must inform Coach Rollo or Coach Maysonet prior to practice. Coach Rollo can be reached by text/phone @ (786) 554-9208 or by email @ racasiple@aol.com. Coach Maysonet can be reached at by text/phone @ (305) 606-8673 or by e-mail @ gmmetals@bellsouth.net.
8. Missed practices will require the player or players to perform a timed fitness run before they can participate in future games.
  - a. Being in top physical condition is our single most important responsibility we can provide to our players. In the past 4 seasons we have had little to no serious injuries to any of our players.
  - b. We run a highly intense and progressive training program that requires players to be in top physical shape. We will not allow unfit players to play. NO Exceptions!
9. ATTIRE / GEAR: Soccer cleats, Flats/sneakers, shin guards, CUDA Practice Attire- shorts, shirts, socks. Please make certain your bag contains these items so that in case bad weather occurs we can adapt. Girls will have 2 sets; any other attire will not be acceptable.
10. INJURIES are not an excuse for missing practice. You will need to follow the trainer's prescriptions / therapy- upon completing that days therapy session you will need to be at the practice observing.
11. Player & Parents must sign before your daughter will be accepted to our program.

**Participation in the Varsity Girls Soccer Program of Coral Reef Senior High is an agreement to the above listed expectations.**



## **Coach's Pledge to Players & Parents**

As Coach of Coral Reef High, I promise to:

1. **Be responsible for my own behavior and also the behavior of my team members, their parents, and fans.**
2. **Never physically, verbally or mentally harm a child in my care.**
3. **Lead by example and encourage my team members to play by the league rules and respect the rights of other players, coaches, fans, and officials.**
4. **Make every effort to improve my knowledge of coaching techniques so that I can teach the sport properly to my players.**
5. **Obtain, read, and abide by the rules and guidelines for the league.**
6. **Place the emotional and physical well being of my players ahead of a personal desire or external pressure to win.**
7. **Ensure that my players are supervised by myself or another designate adult and never allow my players to be left unattended or unsupervised at a game or practice.**
8. **Never knowingly permit an injured player to play or return to the game without proper medical approval.**
9. **Ensure that all equipment used by my players is safe and conforms to the rules of the game. I shall not allow illegal or unsafe equipment to be used.**
10. **Respect the game and league officials and communicate with them in an appropriate manner.**
11. **Be knowledgeable of the league rules and regulations, and teach these rules to all players on my team.**
12. **Begin and end practice on time.**
13. **Ensure all players have an opportunity to improve their skills**
14. **Ensure all players have an opportunity to earn their playing time in the games.**
15. **Create a playing environment that is well-organized, professional, and FUN!**

**George Maysonet**



# CHALLENGE AND COMPETE

## Barracudas Women's Soccer vs Coral Reef High School

#	Weekday Date	Time	Home/ Away	Opponents	Facility	Transportation
Pre	Thursday Oct 29 2009	4:00 PM	H	La Salle	St. Brendan	Parents/Coaches
Pre	Saturday Oct 31 2009	10:00 AM	A	Coral Park	St. Brendan	Parents/Coaches
1	Tuesday Nov 3 2009	3:30 PM	A	@ Homestead Senior	Homestead Soccer Field	Bus
2	Friday Nov 6 2009	3:30 PM	A	@ Miami Killian	Ron Eahman Park	Parents/Coaches
3	Tuesday Nov 10 2009	3:30 PM	H	South Dade	Cutler Ridge Soccer Field	Parents/Coaches
4	Friday Nov 13 2009	3:30 PM	A	@ Miami Southridge Sr	Southridge Soccer Field	Bus
5	Tuesday Nov 17 2009	3:30 PM	H	Varela	Cutler Ridge Soccer Field	Parents/Coaches
6	Thursday Nov 19 2009	6:00 PM	A	@ Spanish River Sr	Spanish River Sr Soccer Field	Parents/Coaches
7	Tuesday Nov 24 2009	3:30 PM	A	@ Miami Palmetto	Palmetto High School	Parents/Coaches
8	Monday Nov 30 2009	4:00 PM	A	@ Gulliver Schools	Gulliver High School	Parents/Coaches
9	Tuesday Dec 1 2009	3:30 PM	H	Homestead Senior	Coral Reef Soccer Field	N/A
10	Friday Dec 4 2009	3:30 PM	H	Miami Killian	Cutler Ridge Soccer Field	Parents/Coaches
11	Tuesday Dec 8 2009	3:30 PM	A	@ South Dade	South Dade SR High Field	Bus
12	Thursday Dec 10 2009	4:00 PM	A	@ Westminster Christian School	Westminster Christian	Parents/Coaches
13	Friday Dec 11 2009	3:30 PM	H	Miami Southridge Sr	Coral Reef Soccer Field	N/A
14	Tuesday Dec 15, 2009	6:00 PM	A	American Heritage - Plantation	American Heritage - Plantation Soccer Field	Parents/Coaches
15	Thursday Dec 17 2009	3:30 PM	A	@ Varela	Kendall Soccer Park	Parents/Coaches
	Saturday Jan 2 2010	10:00 AM		Alumni Game	Coral Reef Soccer Field	N/A
16	Tuesday Jan 5 2010	4:00 PM	A	@ Palmer Trinity School	Palmer Trinity	Parents/Coaches
17	Friday Jan 8 2010	3:30 PM	H	Miami Palmetto	Cutler Ridge Soccer Field	Parents/Coaches